Shoring for Concrete Formwork
Safety Guidelines

Shoring safety is everyone’s responsibility!

Everyone’s safety depends upon the proper erection and safe use of shoring. Inspect your shoring before each use to see that the assembly has not been altered and is safe for your use.

Post these shoring safety rules in a conspicuous place, and be sure that all persons who erect, use or dismantle shoring are aware of them.

Follow all state, provincial, local and federal codes, ordinances and regulations pertaining to Shoring.

Inspect all equipment before using. Never use any equipment that is damaged, severely rusted or is missing locking devices. Any component which cannot be brought into proper alignment or contact with the component into or onto which it is intended to fit shall be removed and replaced.

A shoring layout shall be available and used on the jobsite at all times.

Inspect erected shoring and forming for conformity with layout and safety practices prior to pour, during pour, and after pour until concrete is set.

Consult your Safway representative when in doubt. Shoring is our business. Never take chances.

WARNING
SERIOUS INJURY OR DEATH CAN RESULT FROM YOUR FAILURE TO FAMILIARIZE YOURSELF AND COMPLY WITH ALL APPLICABLE SAFETY REQUIREMENTS OF FEDERAL, STATE, PROVINCIAL, AND LOCAL REGULATIONS. UNDERSTAND THESE SAFETY GUIDELINES BEFORE ERECTING, USING, OR DISMANTLING THIS SHORING.

I. Prior to the Pour
A. General
1. Use Safway’s Recommended Safe Working Loads and Procedures For:
   a. Span, spacing and types of shoring members.
   b. Types, sizes, heights and spacing of vertical shoring supports.

2. Use lumber equivalent to the stress, species, grade and size specified on the layout. Use only lumber that is in good condition. Do not splice wood members between their supports.

3. Provide proper foundation (sills, beams or cribbing) below base plates for the distribution of leg loads to concrete slabs or ground. Existing ground shall be level and thoroughly compact prior to erection of shoring to prevent settlement. Consideration must be given to potential adverse weather conditions throughout the pour cycle such as washouts, freezing and thawing of ground, etc. Consult a qualified soils engineer to determine the proper size foundation required for existing ground conditions.

4. Do not make unauthorized changes or substitution of equipment; always consult your Safway supplier prior to making changes necessitated by jobsite conditions.

5. Provide guardrail systems on all open sides and openings in formwork and slabs.

6. Access must be provided to all forming deck levels. If it is not available from the structure, access ladders or stair towers must be provided. Access ladders must extend at least 3 ft. above formwork.

WARNING
FALL ARREST EQUIPMENT ATTACHED TO SHORING MAY NOT PREVENT SERIOUS INJURY OR DEATH IF A FALL OCCURS.

7. If motorized concrete placement equipment is to be used, be sure that lateral loads, vibration and other forces have been considered and adequate precautions taken to assure stability.

8. Plan concrete pouring methods and sequences to ensure against unbalanced loading of the shoring equipment. Take all necessary precautions to avoid uplift of shoring components and formwork.


10. Check to see that all clamps, screws, pins and all other components are in a closed or engaged position.

11. Make certain that all base plates and shore heads are in firm contact with the foundation and forming material.

12. Use special precautions when shoring to or from sloped surfaces.

13. Avoid eccentric loads on U-Heads, and top plates by centering stringers on these members.

14. Avoid shock or impact loads for which the shoring was not designed.

15. Do not place additional temporary loads (such as rebar bundles) on erected formwork or poured slabs, without checking the capacity of the shoring and/or structure to safely support such additional loads.

16. The completed shoring setup shall have the specified bracing to give it lateral stability.

17. The erection of shoring should be under the supervision of an experienced Competent Person.

B. Frame Shoring
1. Follow the shoring drawing and do not omit required components.

2. Do not exceed the shore frame spacings or tower heights as shown on the shoring layout.

3. Shoring load must be carried on all legs.

4. Plumb and level all shoring frames as the erection proceeds, and check plumb and level of shoring towers just prior to pour.

5. Do not force braces on frames to fit – level the shoring towers until proper fit can be made easily.

6. Tie high towers of shoring frames together with sufficient braces to make a rigid, solid unit (consult your Safway representative for recommendations). Shoring must always be secured when the height of the shoring towers exceed four (4) times the minimum base width. See Footnote 1.

7. Exercise caution in erecting or dismantling free standing shoring towers to prevent tipping.

8. Do not climb cross braces.

C. Screw Jacks
1. Use screw jacks to adjust for uneven grade conditions, to level and accurately position the falsework and for easy stripping.

2. Do not exceed Safway’s recommended maximum extension of screw jacks. Keep screw jack extensions to a minimum for maximum load carrying capacity.

3. Make certain that all screw jacks are firmly in contact with the foundation and frame legs.

D. Post Shoring
1. Plumb all post shores as the erection proceeds. Check plumb of post shores just prior to pour.

2. Post shores may require additional stability bracing. Refer to manufacturer’s instruction. Required bracing shall be installed as the shores are being erected.

3. Devices which attach the external lateral stability bracing shall be securely fastened to each post shore.

4. Post shores more than one tier high shall not be used. Where greater shore heights are required, consult your Safway supplier.

E. Horizontal Shoring
1. Special consideration must be given to the installation of horizontal shoring:
   a. When sloped or supported by sloping ledgers (stringers).
   b. When ledger (stringer) height/width ratio
II. During the Pour

1. Adjustment of shoring and/or Post Shores to raise formwork shall not be made once the pour begins.

2. Ensure pour sequence will not cause an unbalanced load on shoring equipment.

3. Monitor possible movement of shoring components when placing concrete.

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**WARNING**

DO NOT POSITION WORKERS BELOW FORMWORK WHILE CONCRETE IS BEING PLACED.

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III. Removal

Loaded shoring equipment shall not be released or removed, including cross braces, until the approval of a qualified engineer has been received. Premature releasing or stripping of forms can cause failure. A qualified engineer must decide when and how stripping is to proceed. Weather conditions, variations in different parts of the structure and the setting qualities of the concrete all affect the stripping process.

IV. Reshoring Definition

Reshoring means the construction operation in which shoring equipment is placed, as the original forms and shores are removed, in order to support partially cured concrete and construction loads.

1. Reshoring is one of the most critical operations in formwork; consequently, reshoring procedures must be designed and planned in advance by a qualified structural engineer and approved by the project architect/engineer.

2. Slabs or beams which are to be reshored should be allowed to take their permanent deflection before final adjustment of reshoring equipment is made.

3. The reshoring shall be thoroughly checked by the architect/engineer to determine that it is properly placed and that it has the allowable load capacity to support the areas that are being reshored.

4. Equipment to be left in position for reshoring should be checked thoroughly by a qualified engineer. Horizontal shoring should never be used as a part of reshoring system. Extreme care must be taken to release the adjustment screws to a point where the slab takes its permanent deflection. The adjustment screws should then be tightened until contact is again made with the underside of the slab. In this manner the frame reshoring below will not be carrying the load of the slab that it had previously shored.

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**Footnote 1:** California and some other states require a height-to-minimum base width ratio of three to one (3:1). Refer to the governing codes for your job location.